



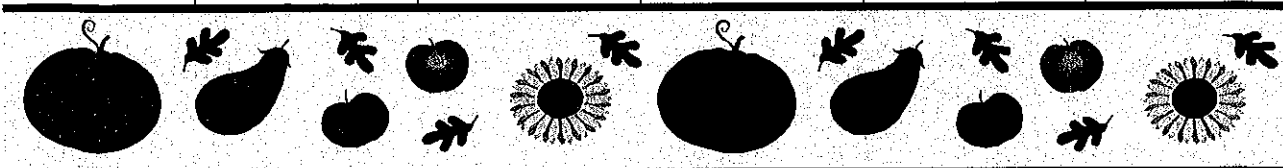

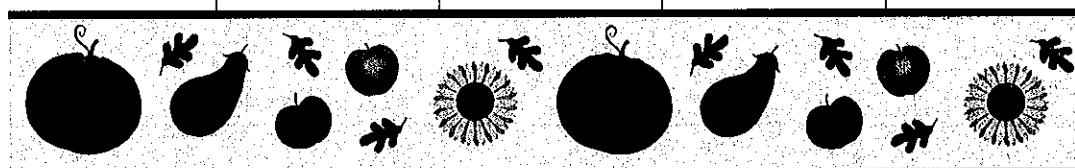
Fall Family Fun

The C.A.P.A. Coalition is committed to improving overall health and wellness by sponsoring initiatives that promote awareness and education of substance abuse and misuse, and contribute to reducing the incidence of alcohol, tobacco and drug use among youth and adults.

Sponsored by
 **CAPA**
community awareness & prevention association

Visit us at bbhcapa.org
440-740-4750

 Like us on
Facebook
<http://tinyurl.com/BBHCAPA>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1 Jungle Terry's Traveling Zoo Hale Farm & Village Barnyard BBQ Bash 40 th Anniversary Celebration-CVCC	
2 Hike Aboard!	3	4	5 Cinemark- Strongsville College Night- CVCC	6 Target Free First Thursday-History Museum Young at Heart	7	8 Outdoor Odyssey October Hayrides Antiques Sale & Flea Market	
9 October Hayrides Rangers Open House Train to the Paranormal	10	11	12 Cinemark- Strongsville	13 Cemeteries & Famous Residents	14 Outer Space Drawing Lab Senior Wellness Mad Scientist 101 Funday Friday Brecksville Days NO SCHOOL <small>NEOBA DAY</small>	15 October Hayrides KidsConsignment Brick or Treat LEGO Workshop Wolf Awareness Owls & Howls Halloween Party Brecksville Days	
16 October Hayrides Brecksville Days	17	18 7p-HS Orchestra Spooktacular	19 Cinemark- Strongsville	20 Boo at the Zoo Katie Lane Makeup Wkshp	21 Boo at the Zoo Spooky Science Nights	22 Trick or Treat Street-IX Center October Hayrides Boo at the Zoo Halloween on the Hts. & Boo-Nanza Enchanted Hollow	
23 Trick or Treat Street-IX Center Oct. Hayrides Boo at the Zoo Boo-Ville Party Train to the Paranormal	24 Trick or Treat Street-IX Center October Hayrides Boo at the Zoo	25	26 Cinemark- Strongsville	27 Boo at the Zoo	28 Trick or Treat Street-IX Center Boo at the Zoo HONK! Spooky Science Nights NO SCHOOL <small>INSERVICE/RECORDS DAY</small>	29 Trick or Treat Street-IX Center October Hayrides Boo at the Zoo HONK! Spooky Science Nights Girls Go! Science National Drug Take Back Day	
30 Trick or Treat Street-IX Center October Hayrides Boo at the Zoo HONK!	31 Brecksville & Broadview Hts. Trick /Treat 6-8pm  Happy Halloween						

CVCC- Cuyahoga Valley Career Center – www.cvccworks.com

- **40th Anniversary Celebration** – 10/1, 9 am-3:30 pm, A day of family fun & activities celebrating Career & Technical Education.
 - **College Night** – 10/5, 6 pm-7:30 pm, High School students have an opportunity to meet w/ representatives from 135 colleges.
- Senior Wellness Day** – 10/14, 9 am to 1 pm at the Brecksville Human Services Center. A morning of informative speakers and activities co-sponsored by the communities of Brecksville-Broadview Hts. & CAPA. A continental breakfast and lunch will be served. Registration required call Amy at 440-526-4685 or Ted at 440-526-2499.

I-X Center- Contact Cyndee Young (330) 262-9790 for more info.

- **Trick or Treat Street** 10/22, 23, 28, 29, 30-Entertainment & indoor family fun. Go to www.ixtrickortreatstreet.com/tickets-and-discounts.aspx, "buy tickets now" use ID- CLBUS for reduced rate.

Cinemark Theater Strongsville-Wed. Student Discount-\$7.00 movies all day w/ student ID.

Brecksville Library- For more info visit cuyahogalibrary.org or call 440-526-1102. Registration Required for all events.

- **Jungle Terry's Traveling Zoo**-10/1-11:30 am
- **Cemeteries & Their Famous Residents**-10/13-7pm.-take a "tour" of Brecksville's many burial grounds in this Bicentennial program.
- **Outer Space Drawing Lab**-10/14-11:00am, grades 2-5. Create a mixed media drawing that resembles movements in outer space.
- **Katie Lane Makeup Workshop**-10/20-7 pm, grades 4-12 & adults. Bloodview's own Katie will demonstrate how to create bruises, flesh wounds, scars & more.

Broadview Heights Spotlights Community Theater-

- **HONKI**-10/28, 29, 30-8 pm. A family-friendly musical re-telling of the story of the Ugly Duckling. Reservations suggested. For more information www.broadview-heightsspotlight.org or 440-526-4404.
- **Enchanted Hollow**-10/22, 1pm-5pm, at Halloween on the Heights & Boo-Nanza. Theater members offer a non-scary, child-friendly alternative meandering through a nature trail, where you will encounter various skits performed by the Spotlights' players.

Broadview Heights Recreation Center - www.bhrec.org.

- **Halloween on the Heights & Boo-Nanza** - 10/22, 1pm-6 pm, Enjoy scarecrow & costume contests, indoor trick or treating, face painting games, inflatables & more. Contact Paula 440-717-4018 for more info or to sponsor the event or a table.
- **Halloween Pool Party** -10/29, 2 pm-4 pm. Jump in the pool for a spooky good time! Music and beverages provided. Pre-registration required by 10/24, call 440-838-4522.
- **Antiques & Collectibles Sale & Flea Market** – 10/8, 9 am-2:30 pm, Broadview Hts. City Hall Gymnasium. 10th annual event sponsored by the Broadview Hts. Historical Society. For information ckorn@cox.net or call 440-526-8500
- **Youth Basketball** – Online registration is ongoing through 10/31.

Brecksville Community Center - 440-546-2300.

- **Boo-Ville Halloween Party** - 10/23, 1pm-4pm at Blossom Hill. For more information contact the Brecksville Community Center
- **Kids Consignment Sale**-10/15 BBH Middle School Cafeteria 8am-12pm-\$1 or canned food donation. Early Birds \$5. For more info contact Katie at 216-534-6614 or Katie.batcheller@gmail.com
- **Brecksville Days** – 10/14, 15 & 16 at Kalahari Resorts – See front desk at the Community Center for more info. For reservations call 877-KALAHARI (525-2427).

Cleveland Metroparks - Visit www.clemetparks.com for more info

- **Outdoor Odyssey**-10/8 Noon-4 pm-CanalWay Center-Ohio & Erie Canal Reservation-Cuyahoga Hts. Kids can use a "passport" & travel recreation discoveries for **FREE**. For more info, call 216-206-1000.
- **Rangers Open House** – 10/9 Noon-4pm Ranger Headquarters-Fairview Park-Visitors will enjoy demonstrations by the K-9 unit, learn about the Mounted Unit and get bike safety tips from Bike Patrol Rangers. For more info call Ranger Headquarters at 440-331-5530.
- **October Hayrides**-Saturday Nights 6-10pm, Sunday Afternoons Noon-4pm-Chalet Recreation Area, Mill Stream Reservation-Strongsville. Enjoy **FREE** hayrides, square dancing, scavenger hunts, a hay maze & more! For more info call 440-572-9990.

Cleveland Metroparks Zoo - Visit www.clemetzoo.com for info

- **Wolf Awareness Day**-10/15 10am-3pm. Visit the Zoo's Wolf Lodge to make crafts, play interactive games and learn facts about wolves.
- **Boo at the Zoo**-10/20-23 & 10/27-30, 6-9 pm. A neighborhood of safe Halloween entertainment including animals on exhibit. Purchase tickets online or at the Zoo Box Office.

Great Lakes Science Center - Visit www.glsc.org for more info or 216-621-2400 Registration Required for all events.

- **Mad Scientist 101** - 10/14, 8:30 am-3:30 pm. Halloween-themed camp full of experiments and hands on activities.
- **Brick-or-Treat LEGO Workshop** – 10/15, 9 am-Noon, grades 4-8. Create creepy crawly creations & program them to trick, treat & scare!
- **Spooky Science Nights** -10/21, 28 & 29, 5:30 pm-9 pm. Enjoy a fright-fully fun night-tour the Mather steamship, enjoy an OMNIMAX movie, special exhibits, make slime & more.
- **Girls Go! Science** – 10/29, 9 am – 3 pm, girls, grades 6-12. Enjoy hands on sessions led by women working in science, technology, engineering & math-explore different careers.

Cleveland Museum of Natural History – www.cmnh.org

- **Target Free First Thursday** – 10/6, 1 pm – 5 pm, Bring the family for a **FREE** fun filled day exploring permanent exhibits!
- **Owls & Howls Children's Halloween Party** - 10/15, 11 am- 4 pm Enjoy games, crafts & special animal demonstrations in a not-so-spooky setting. 12 & under in costume are **FREE!**

Cuyahoga Valley Scenic Railroad - www.cvsr.com

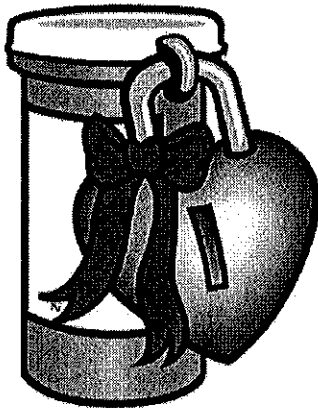
- **Hike Aboard!** – 10/2, Meet at Brecksville Station at 9:10 am and Journey through the National Park aboard the train-then hike 8 miles back along the challenging buckeye trail. \$3 per hiker.
- **October 3rd-Polar Express tickets go on sale!** – purchase online
- **Young at Heart Program** – 10/6, leaves Rockside Station, 12:45pm The "Young at Heart"(age 55 & over) are invited to climb aboard and explore a decade that say hemlines rising, & temperance meetings!
- **Train to the Paranormal** – 10/9 & 10/23, departs Rockside Station at 4:05 pm traveling to Boston Mills area where you head to Canal Fulton for dinner and a tour of the most haunted building in the area!

Lake Metroparks Farmpark www.lakemetroparks.com

- **Barnyard BBQ Bash** – 10/1, 5 pm-9 pm, A fun evening on the farm for the family w/ BBQ prepared by J&J Catering. Tickets required-purchase online or call 440-358-7275.
 - **Funday Friday** – 10/14, 10 am-4 pm at Penitentiary Glen Reservation. Call (440) 256-1404 or visit online for more information.
- National Drug Take Back Day** – 10/29, 10 am-2 pm-Dispose of your expired, unused or unwanted drugs at Brecksville Public Square. For a complete list of drop off sites visit www.dea.gov.

National Red Ribbon Week

Be Aware. Don't Share.







**LOCK
YOUR
MEDS™**

70%

Of the people 12 and older who abuse prescription drugs get them from friends and family.

Source: SAMHSA, NSDUH, 2006

What You Can Do...

-  Remove drugs from your medicine cabinet and hide them, lock them up or take them out of your house.
-  Safeguard all medicines that have to remain at home by monitoring quantities and controlling access.
-  If your child is on prescribed medication, monitor the dosages and refills. Set clear rules, such as, not sharing and always following proper dosages.
-  Properly dispose of old, expired or unused medicines. ODH has published disposal guidelines available at: www.p4pohio.org.

Source: National Family Partnership

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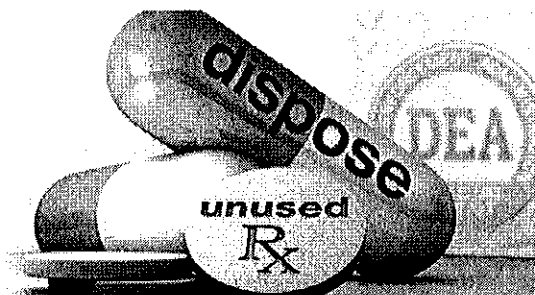
Is the average age for the first non-prescribed use of sedatives and stimulants.

Source: (Wu, Pilowsky & Patkar, 2007)

2.1 Million

Teens abused prescription drugs in 2006.

Source: SAMHSA, NSDUH, 2007



**Turn in your unused
or expired medications
for safe disposal**

Saturday, October 29th

10:00 a.m. - 2:00 p.m.

Brecksville Public Square

**Corner of Route 21 (Brecksville Road)
& Route 82 (Royalton Road)**

Operation Medicine Cabinet is in collaboration with the Brecksville and Broadview Heights Police Departments. These collection programs protect our children, our water and our food supplies, and decrease prescription drug abuse by making it easier for you to properly dispose of unused or expired medication. This is a completely confidential program. No personal information will be collected. Please remove all prescription labels before arriving.

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